



ADR

Tip of the Month

Ayurvedic Medicinal Products Heavy Metal Poisoning

Ayurvedic products used in traditional Indian healing are often imported from India.

Unapproved products found on the Canadian market and analyzed by Health Canada revealed high levels of heavy metals such as arsenic, lead and mercury. Children are most susceptible to toxic effects from heavy metal poisoning.

Ayurvedic products authorized for sale in Canada will have either:

- a drug identification number (DIN)
- a natural product number (NPN) or
- a homeopathic drug number (DIN-HM).

For more information, visit:

http://www.hc-sc.gc.ca/english/protection/warnings/2005/2005_80.html

Please report any suspected adverse drug reactions (ADRs).