



ADR

Tip of the Month

Important safety information about cold medications

Many cold medications administered orally, such as pseudoephedrine, have sympathomimetic components associated with the risk of the following adverse effects:

- irritability
- sleep disturbances
- hallucinations
- seizures
- severe tachycardia and arrhythmia
- severe hypertensive episodes

Physicians are reminded that:

- these medications are not very effective;
- “over-the-counter” cold medicines
 - are contraindicated in infants < six months of age,
 - should not be given to children < three years of age without close supervision.

***Please report all serious
adverse drug reactions (ADRs).***