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## ADR

### Tip of the Month

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#### **Fluticasone (Flovent™) Risk of adrenal suppression**

Fluticasone is used in the management of asthma. Cases of adrenal insufficiency have been reported in children with the utilization of inhaled corticosteroids.

Physicians should:

- Know that systemic absorption of inhaled corticosteroids can lead to suppression of endogenous glucocorticoids and cause adrenal insufficiency/crisis.
- Realize that presenting signs and symptoms can be vague, like anorexia and fatigue, or more severe, like hypoglycemia, hypotension, convulsion and death.
- Prescribe only the lowest effective dose of the medication.
- Manage adrenal suppression by careful tapering of the dose, since an abrupt discontinuation of the medication could precipitate a crisis.

***Please report all serious  
adverse drug reactions (ADRs).***