Providing care to children and youth from military families

There are more than 64,000 children growing up in military families in Canada. Children and youth from military families are a unique population with particular health care needs. Frequent relocations, parental deployment, family separation, and difficulties accessing medical and mental health services can influence the health and well-being of these children and their families. The purpose of this one-time CPSP survey is to describe the health needs encountered in this population, as well as to detail issues related to access to care. Your contribution is greatly appreciated.

1. Which of the following best describes your practice?
   - General paediatrician, specify: Primary___ Consulting___ Both___
   - Paediatric subspecialist, specify: ____________________________
   - Other child health provider, specify: ____________________________

2. Type of practice (check all that apply):
   - a) ___ Urban   ___ Suburban   ___ Rural/Remote
   - b) ___ Academic   ___ Non-academic
   - c) ___ Inpatient hospital ward   ___ Emergency/Urgent care centre   ___ Outpatient clinic   ___ Private office/Community setting

3. What are the first 3 digits of your workplace postal code? ______ ______ ______

4. Is your practice located within 100 km of a Canadian Forces military base? Yes___ No___ Unsure___

5. Do you routinely inquire as to whether families have a parent in the military? Yes___ No___

6. In Canada, the federal military healthcare system provides healthcare services to children/youth from military families: True___ False___ Unsure___

7. The majority of Canadian military families live on base in military housing: True___ False___ Unsure___

8. How does identifying a child/youth as part of a military family inform the care of that patient?
   - □ No experience caring for military families
   - □ It doesn’t inform care/change practice
   - □ Prompts specific screening on health history; specify screening tools/specific elements of health history: ____________________________
   - □ Prompts extended social history; specify specific elements of social history: ____________________________
   - □ Prompts suggestions for community resources; specify specific resources: ____________________________
   - □ Other, please list: ____________________________

9. Do you feel adequately prepared to care for children and youth from military families? Yes___ No___

10. What types of additional resources, information, or training do you think would be helpful for improving your care of military families, specific to children/youth?
    - □ Knowledge of risks for children/youth from military families
    - □ Services available to military families
    - □ Clinical tools for screening
    - □ Other, please list ____________________________

11. Have you received any specific training/education related to caring for military families? Yes___ No___


13. Over the past 12 months, have you seen, assessed, or managed the care of children/youth from military families?
    - Yes___ No___ Unsure___

If you answered “No” or “Unsure” to question 13, we thank you for completing the survey.

14. Please indicate the number of military families in your practice:
    - □ Less than 5
    - □ 5–10
    - □ 11–19
    - □ 20–50
    - □ >50
    - □ Don’t know

15. Have you encountered cases of the following in your practice’s military families: Yes___ No___ Number of Cases

<table>
<thead>
<tr>
<th>Delayed diagnosis of developmental disability (e.g., autism)</th>
<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>Delayed diagnosis of intellectual or learning disability</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Delayed diagnosis of medical (non-developmental) condition</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Significant behavioural issues (e.g., requiring behavioural support services)</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Significant emotional issues or mood disorders (e.g., anxiety, depression)</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Child maltreatment</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Physical, sexual, or other family violence</td>
<td>Yes</td>
<td>No</td>
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<td>Lack of primary care provider or continuing to see a primary care provider from a previous posting</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Compromised or incomplete care of a major chronic health problem</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Need for catch up immunizations</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Incomplete or unavailable health records</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

16. What other challenges do the children/youth from military families in your practice face? ____________________________

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Please return this survey with your monthly reporting form. Thank you for your participation.